

THE HIGHLANDS CULINARY BLACK BOOK

The Definitive Sourcing Guide for the Haliburton Host.

True luxury is the taste of a place.

For years, cottage owners have endured the logistical headache of hauling coolers filled with city groceries up Highway 35. But the ultimate luxury of the Highlands is eating food sourced directly from the Canadian Shield.

We have compiled this definitive directory of our region's finest artisans, butchers, brewers, and bakers. Whether you are firing up the grill, stocking the pantry for a long weekend, or handing a sourcing list to your private chef, this is your central source of knowledge. This is where the locals shop.

— Curated by the Kacaba Cottage Care Team

Please note: Many of the remarkable purveyors in the Haliburton Highlands are small, family-owned businesses. Operating hours fluctuate heavily with the seasons. We highly recommend checking their respective websites or calling ahead before making the drive.

Current as of Spring 2026.



THE BUTCHERS & THE BAKERS

THE MASTER BUTCHERS: Heritage Meats & Custom Cuts

○ **Coneybeare's Butcher Shop | Minden**

A five-generation family butcher operating since the 1940s. The absolute cornerstone of local sourcing. This is the ultimate destination for custom cuts, house-made sausages, and thick-cut steaks for the cottage grill.

www.coneybearesbutchershop.ca

○ **McFadden's Meat Market | Haliburton Village**

A staple of the village operating out of a newly expanded, facility for the 2026 season. Renowned for pristine custom cuts, fresh poultry, and an excellent selection of house marinades to prep for a weekend BBQ.

Facebook: [McFadden's Meat Market](#)

THE PROVINCIAL BAKERS: Artisan Grains, Sweets & Pizza

○ **Into The Blue Pizza | Haliburton (Abbey Gardens)**

Skip the frozen cottage pizza. Operating out of a seasonal food truck at Abbey Gardens, they craft authentic, Italian-style wood-fired pizzas using fresh, locally sourced ingredients.

www.intothebluepizza.ca

○ **The Portuguese Princess Bakery | Haliburton Village**

Bringing authentic Lusitanian culture to the Highlands. Famous for their traditional Pastéis de Nata (custard tarts) and daily baked specials.

theportugueseprincessbakery.wordpress.com

THE EARTH, PANTRY & THE SUGAR SHACK

THE EARTH & PANTRY: Bespoke Organics & Local Produce

○ **Abbey Gardens Food Hub | West Guilford**

A reclaimed gravel pit transformed into a thriving organic hub. The pinnacle of zero-kilometer dining. Shop here for freshly harvested organic greens, hyper-local preserves, gourmet cheeses, and local baked goods.

www.abbeygardens.ca

○ **The Farmers' Market | Haliburton (Tues) & Minden (Sat)**

The rotating seasonal showcase of the region's top micro-farmers and artisans. The perfect morning ritual to stock up on heirloom vegetables, meats, and local honey.

www.haliburtoncountyfarmersmarket.ca

(Insider Note: These markets are strictly seasonal, operating outdoors from Victoria Day weekend through Thanksgiving weekend. Arrive before 11:00 AM for the best selection of fresh baking and artisan goods).

www.haliburtoncountyfarmersmarket.ca

THE SUGAR SHACK Wood-Fired Tradition

○ **Wintergreen Maple Products | Minden (Gelert Rd)**

A true Haliburton heritage experience. Set in a beautifully reconstructed 1892 timber-framed barn, this family operation produces incredible wood-fired maple syrup on-site. Visit their retail shop for hundreds of unique maple preserves, BBQ sauces, and fruit syrups, or enjoy their seasonal outdoor BBQ patio.

www.wintergreenmapleproducts.com

A SWEET TREAT WHILE IN TOWN

THE CAFE & ICE CREAM TRAIL Summer Classics

○ **Kawartha Dairy | Minden**

The undisputed king of cottage country ice cream. Operating for over 85 years; expect a line out the door on a sunny Saturday, but it is always worth the wait.

www.kawarthadairy.com

○ **Up River Trading Co. | Minden & Haliburton**

For those looking beyond the traditional scoop. Step inside for an incredible espresso bar, summer frozen yogurt, and excellent vegan/non-dairy options, all set alongside beautifully curated cottage decor.

www.uprivertrading.com

○ **The Minden River Cone | Minden**

If you're looking for soft serve instead of a KD scoop then skip the drive thru at DQ and head a little further down Bobcaygeon Road. Cross the bridge and you'll find this sweet spot tucked away. It's a hidden gem, a perfect place to grab a sweet or savoury snack.

www.instagram.com/mindenrivercone

THE CRAFT TERROIR

THE CRAFT TERROIR Breweries & Wineries

○ **Haliburton Highlands Brewing | Carnarvon**

An award-winning microbrewery built on environmental sustainability, now operating out of their own facility at the Hwy 35 & 118 intersection. Try the Spruce Kveik—flavoured with foraged spruce tips for a taste profile that is 100% Haliburton.

www.haliburtonhighlandsbrewing.ca

○ **Boshkung Brewing Co. | Minden & Haliburton Forest**

The quintessential taste of the cottage commute. Grab a fresh growler of 35 & 118 Cream Ale from their riverside Social location in downtown Minden, or visit the Boshkung Smokehouse for incredible BBQ at the Haliburton Forest.

www.boshkungbrewing.com

○ **Kawartha Country Wines | Buckhorn (Just Beyond)**

Located just south of the county line, this premium boutique winery specializes in award-winning fruit wines and ciders. Crafted from locally grown Ontario berries and fruits, it offers an authentic taste of cottage country in a glass.

www.kawarthacountrywines.ca

THE ALTERNATIVE

Skip the grocery logistics entirely.

Step 1

Become a Kacaba Cottage Care Client

- **Delagate** : Don't stress about the work you have to do when you get to the cottage, enjoy knowing it's handled, and as an added bonus get access to our concierge set-up services.

Step 2

Plan Your Arrival

- **Contact Us With Your Requests:** Need a simple grocery order or want to set-up a special weekend for someone, and can't get there first to make sure the drinks are on ice and the fridge is stocked? We'll discuss what you'd like to make happen, and take your list to make it a reality.

Step 3

Enjoy The Perfect Arrival

- **The work is done.**
- **The groceries are put away.**
- **Spend time doing what matters most.**

Info

705-710-6151 | hello@kacabacottagecare.com